



FEBRUARY

2025 UPK MENU LUNCH & PM SNACK



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Kale Basil Pesto with Gemelli with Mozzarella Carrot Disks Green Beans Corn Bread	4 BBQ Chicken Chili over Steamed Rice Creamy Smashed Potatoes with Parsnips Broccoli Cheddar Cheese Cubes & Wholewheat Pita	5 Penne with Beef Bolognese Carrots Peas Apple Cinnamon Bread	6 Leek and Fontina Pasta Broccoli Cauliflower with Garlic Oil Banana Bread	7 Teriyaki Chicken Steamed Rice Edamame Carrots Tzatziki & Pita
10 Penne Tomato Mascapone & Mozzarella Broccoli Carrot Disks Cheddar Cheese Cubes & Crackers	11 Chicken Cutlet Buttered Macaroni Peas Turmeric Cauliflower Carrot Bread	12 Adobo Honey Chicken Yellow Rice Green Beans Mexican Street Corn Banana Bread	13 Beef Sliders Carrots Broccoli Graham Crackers & Strawberry Cream Cheese Dip	14 Roasted Chicken with Carrots Buttered Egg Noodles Yellow Squash with Garlic Oil Peas Chickpea Hummus & Pita
17 Ditalini with Chickpea Bolognese Cauliflower Green Beans Vegan Chocolate Pudding + Raspberry	18 Glazed Turkey Meatloaf Sandwich Roasted Whipped Sweet Potatoes Broccoli Fresh Herb Ranch Cottage Cheese & Cucumber Slices	19 Teriyaki Chicken Steamed Rice Edamame Carrots Strawberry Banana Yogurt	20 Carrot Mac and Cheese Cauliflower Peas Corn Bread	21 Penne with Marinara & Mozzarella Butternut Squash Cubes Broccoli Greek Yogurt with Strawberry Chia Compote
24 Arroz Con Pollo Carrot Disks Green Beans with Mild Scallion Blueberry Lemon Bread	25 Penne with Beef Bolognese Yellow Squash Broccoli Banana Bread	26 Chicken Souvlaki Quinoa Couscous Pilaf Cauliflower Greek Peas Vanilla Yogurt	27 Toasted Cheddar Sandwich Kale Pesto White Beans Broccoli Biscuit & Jam	28 Chicken Cutlet Buttered Macaroni Creamy Smashed Potatoes Cheesy Cauliflower Cheese Cubes & Crackers

WE WANT TO HEAR FROM YOU!

Scan the code to suggest changes!



Our menu incorporates organic and local ingredients. Our farm partners include Greiner Brothers Farms, Cabot Creamery Cooperative & Ronnybrook Farms as well as other local producers.

Menu Items are subject to change based on availability

